

## Indicators for Combined Peritoneal Dialysis plus Hemodialysis Therapy

**Chris McIntyre**

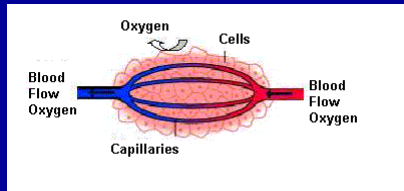
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Department of Renal Medicine, Royal Derby Hospital*



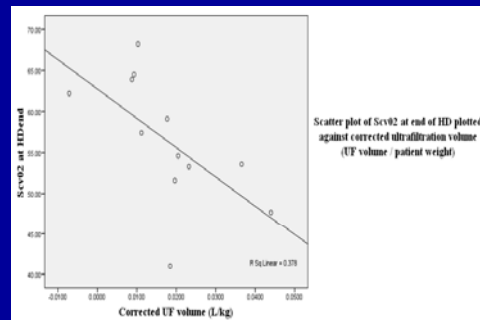
### What are the physiological indications?

- Why is HD so bad?
- Why might PD be better?
- What is it that lets PD down?
- What should we do about it?

## Systemic circulatory stress in HD -Effects of HD on ScVO<sub>2</sub>



ScVO<sub>2</sub> Pre HD 63.5 ± 1.3%, post HD 56.4 ± 8% (p=0.04)\*

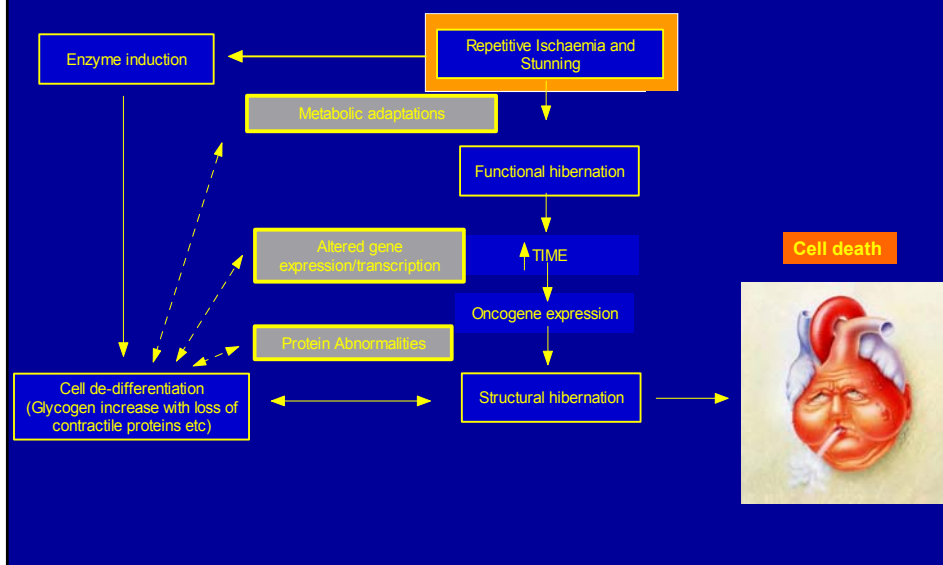


**Table 1** Limits of mixed venous oxygen saturation

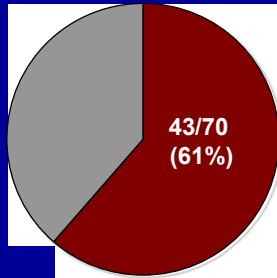
SvO <sub>2</sub> >75%	Normal extraction
75% >SvO <sub>2</sub> >50%	O <sub>2</sub> supply >O <sub>2</sub> demand Compensatory extraction
50% >SvO <sub>2</sub> >30%	Increasing O <sub>2</sub> demand or decreasing O <sub>2</sub> supply Exhaustion of extraction
30% >SvO <sub>2</sub> >25%	Beginning of lactic acidosis O <sub>2</sub> supply <O <sub>2</sub> demand
SvO <sub>2</sub> <25%	Severe lactic acidosis Cellular death

\*Harrison L, Selby NM, McIntyre CW. ASN 2010

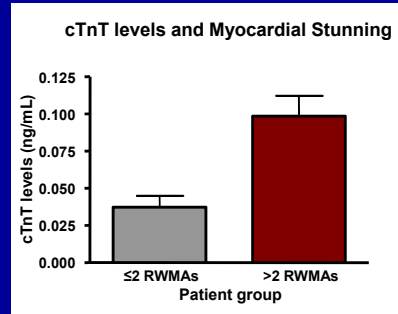
## Repetitive cardiac injury- Hibernation and heart failure



## HD induced RWMA – prevalence and cTnT levels



■ >2 RWMA ■ ≤2 RWMA



- The higher the cTnT, the greater the reduction in SF

Burton JO, Korsheed S, McIntyre CW. Clin J Am Soc Nephrol. 2009 May;4(5):914-20

## Factors associated with the presence of RWMA

- Factors associated with development of >2 RWMA ( $r^2=0.602$ )

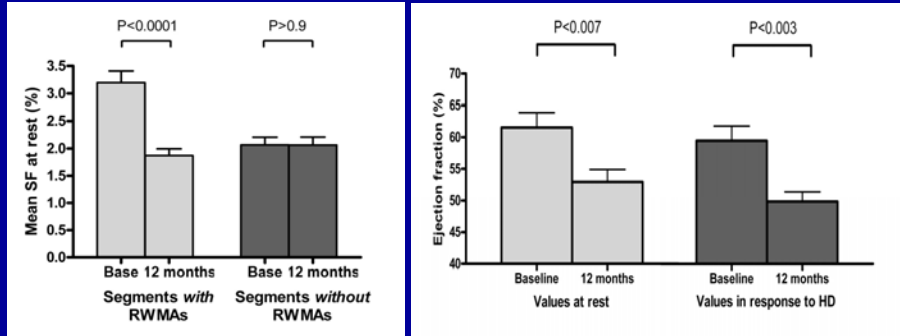
Factor associated with development of myocardial stunning	OR	P value
UF volume during HD of 1L	5.1	0.007
UF volume during HD of 1.5L	11.6	
UF volume during HD of 2L	26.2	
Max SBP reduction during HD of 10 mmHg	1.8	0.002
Max SBP reduction during HD of 20 mmHg	3.3	
Max SBP reduction during HD of 30 mmHg	6.0	

cTnT	1.26	1.04 – 1.54	0.004
Age	1.07	1.01 – 1.128	0.018

Burton JO, Korsheed S, McIntyre CW. Clin J Am Soc Nephrol. 2009 May;4(5):914-20

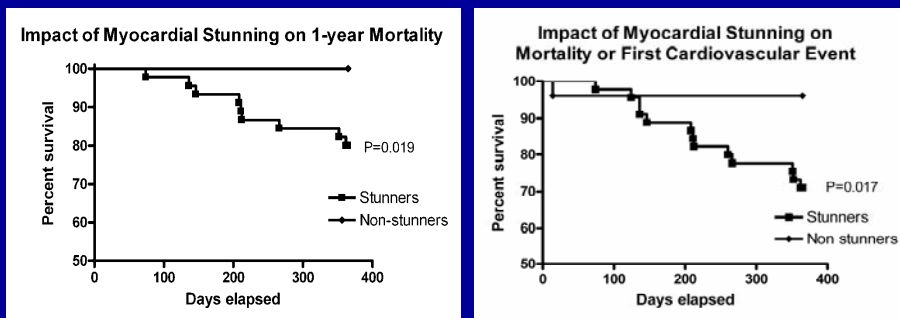
## HD Induced Myocardial Stunning Lead to Myocardial Hibernation and Reduction in Overall Systolic Function

- Hibernation of segments co-localised with stress induced RWMA's
- Reduction in LVEF ~ 10% (absolute)
  - At rest
  - At peak stress on HD



Burton JO, Korsheed S, McIntyre CW. Clin J Am Soc Nephrol. 2009 May;4(5):914-20  
 Burton JO, Jefferies HJ, McIntyre CW. Clin J Am Soc Nephrol. 2009 Dec;4(12):1925-31

## Mortality and time to CV event



Burton JO, Korsheed S, McIntyre CW. Clin J Am Soc Nephrol. 2009 May;4(5):914-20

## Effect of HD on global and segmental Myocardial Blood Flow

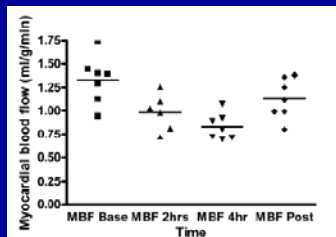
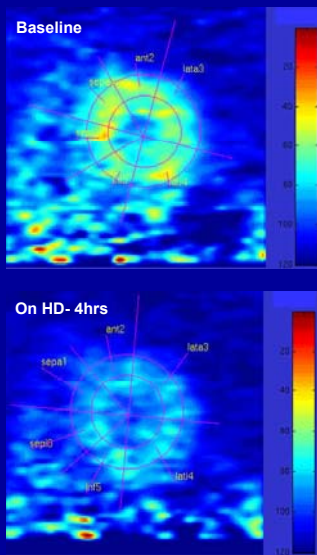


Figure 1. Mean global myocardial blood flow (MBF) reduced significantly during dialysis from baseline with partial restoration in the recovery period.

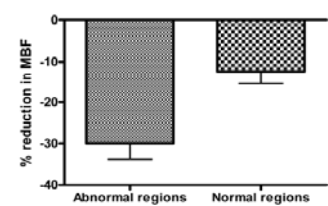
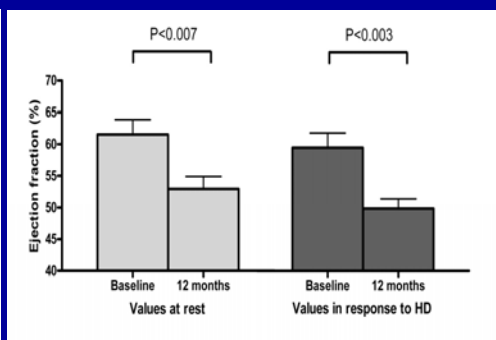
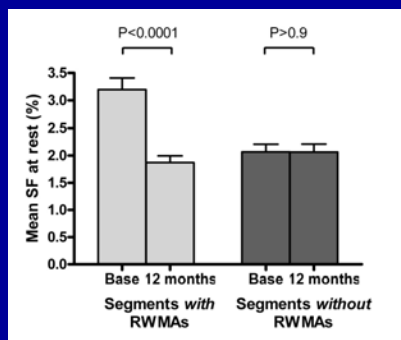


Figure 3. The development of regional ventricular dysfunction as measured by regional wall motion abnormalities (RWMA; abnormal regions) was associated with a greater reduction in MBF from baseline than areas that maintained normal movement (normal regions;  $P = 0.001$ ).

McIntyre CW et al. Clin J Am Soc Nephrol. 2008 Jan;3(1):19-26

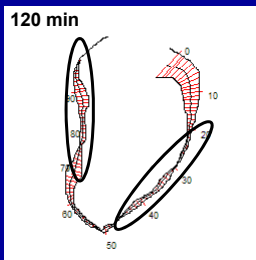
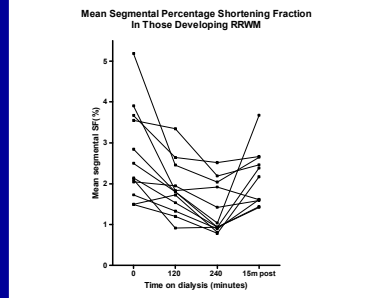
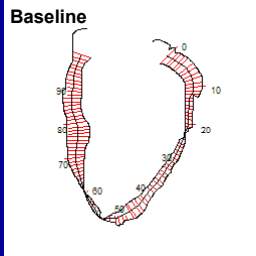
## HD Induced Myocardial Stunning Lead to Myocardial Hibernation and Reduction in Overall Systolic Function

- Hibernation of segments co-localised with stress induced RWMAs
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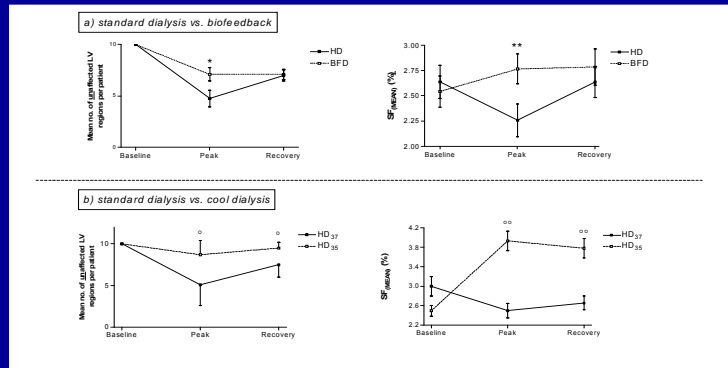
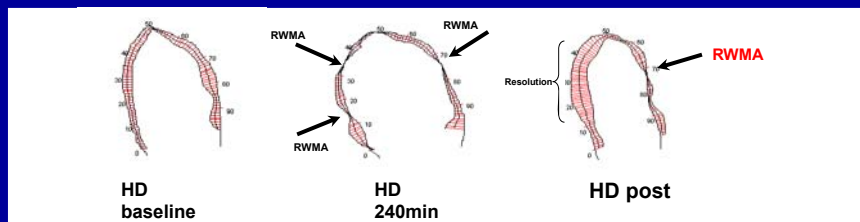
## Recurrent HD induced myocardial stunning in children



<b>Proportion stunning</b>	<b>11/12</b>
<b>Age (years)</b>	<b>12.4(2-17)</b>
<b>UF volume(L)</b>	<b>1.2± 079</b>
<b>Delta BP (mmHg)</b>	<b>25.5± 9</b>
<b>Pre HD LVEF (%)</b>	<b>55± 8.3</b>
<b>Post HD LVEF (%)</b>	<b>54.6± 7.5</b>

Hothi D, Rees L, McIntyre CW. Clin J Am Soc Nephrol. 2009 Apr;4(4):790-7

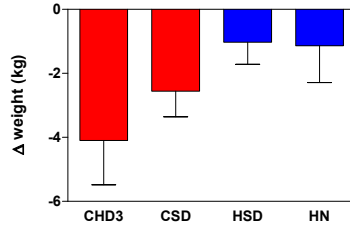
## Reduction in HD induced circulatory stress ameliorates myocardial stunning



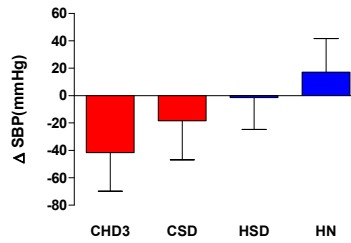
N Selby, S Lambie, C Baker, P Camici, C McIntyre. AJKD 2006  
Selby NJ, Burton JO, McIntyre CW. Clin J Am Soc Nephrol 2006

## Daily dialysis impact on UF and BP

Weight change Pre-dialysis to Peak stress



Change in Systolic BP, Pre-dialysis to Peak stress

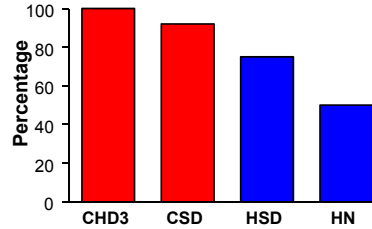
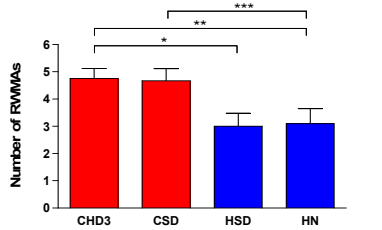


Patients fully matched for age, sex, history of IHD and dialysis vintage

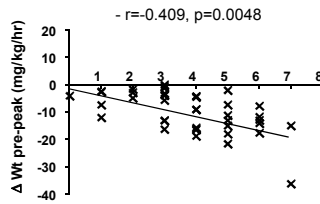
Jefferies HJ, Schiller B, Moran J, McIntyre CW. Accepted for publication CJASN 2010

## Impact of dialysis schedule- Intradialytic cardiac stunning

Number of RWMA's by Dialysis Regimen



Weight loss rate vs.  
Number of stunned segments

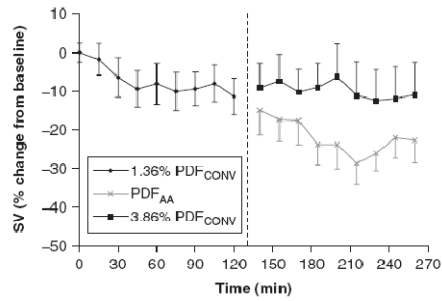
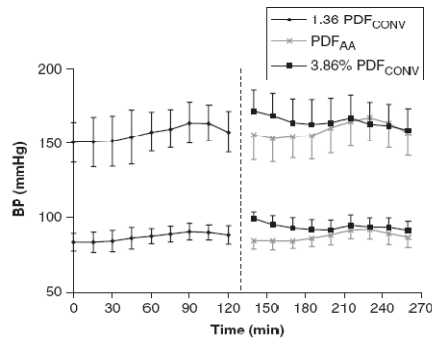


Jefferies HJ, Schiller B, Moran J, McIntyre CW. Accepted for publication CJASN 2010

## Haemodynamic consequences of Nutrineal vs Dianeal- effect of hypertonic glucose

Continuous BP

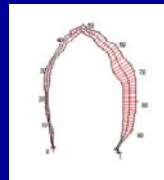
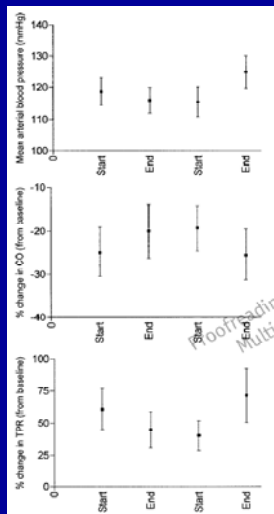
Continuous stroke volume



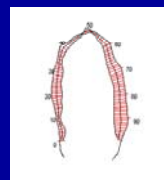
Selby NJ, McIntyre CW. Nephrol Dial Transplant. 2007 Mar;22(3):870-9  
 Selby NJ, McIntyre CW. Nephrol Dialysis Transplant 2006;9:1848-1853.

*NO DIFFERENCES IN LV SYSTOLIC OR DIASTOLIC DIMENSIONS*

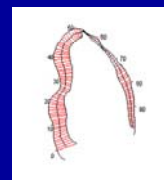
## Peritoneal dialysis is not associated with myocardial stunning



baseline



Drain/fill



Post UF

Limited evidence (<5% of segments during drain/fill cycle)

Studied during drain/fill and at peak ultrafiltration  
 Patients studied had little structural cardiac disease

Selby NM, McIntyre CW. PDI 2010



## So why does PD not have a clear survival advantage?

METABOLIC STRESS

FLUID OVERLOAD

## Impact of non-glucose solutions on glucose load

Glucose absorbed = 123 g/day



Glucose absorbed = 72 g/day



## New Buffers and Osmotic Agents

### Multi-bag, glucose based (Physioneal<sup>1</sup>/Trio/Balance)

- ↓ GDPs and AGEs
- ↓ Lactate
- Physiologic pH and pCO<sub>2</sub>
- ↑ Membrane and immune cell function

### Amino acid based<sup>2</sup>

- No glucose exposure
- No GDPs or AGEs
- ↑ pH
- ↑ Membrane and immune cell function

### 'Vanilla' Glucose fluids

Glucose

Low pH

Glucose degradation products (GDPs)

Advanced glycation end products (AGEs)

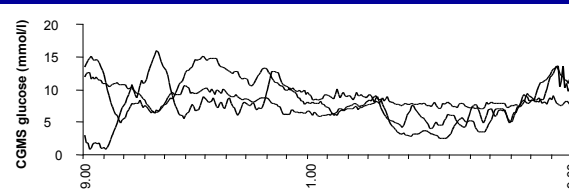
### Icodextrin based<sup>2</sup>

- Isosmolar to plasma
- No glucose exposure
- ↓ GDPs and AGEs
- ↑ Membrane and immune cell function

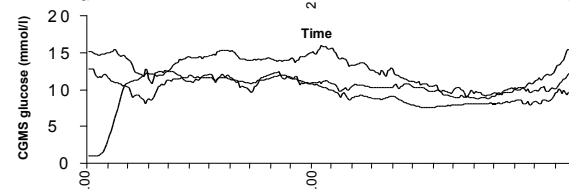
McIntyre CW. *Kidney Int.* 2007 Mar;71(6):486-90.

## ISF glucose single patient

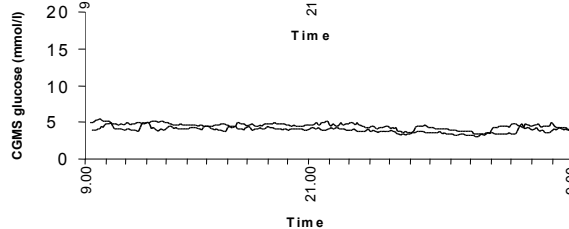
DDDD



PPPP



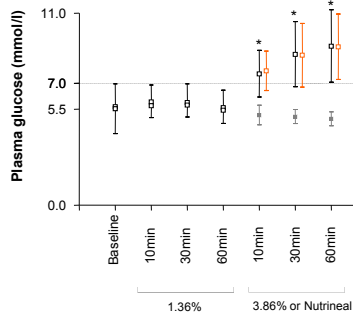
NEPP



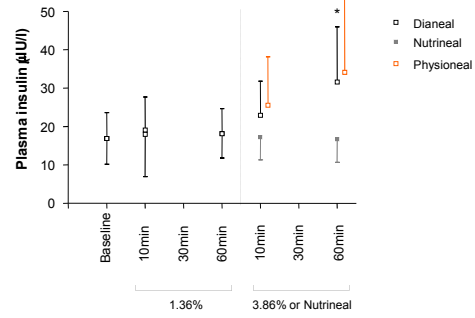
Marshall J, McIntyre CW. *Kidney Int* 2003 64:1480-1486

## Hyperglycaemia and hyperinsulinaemia induced in fasting non-diabetic CAPD patients

Plasma glucose



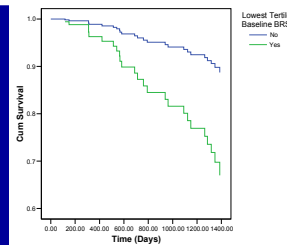
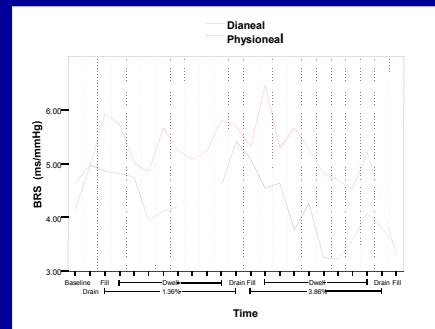
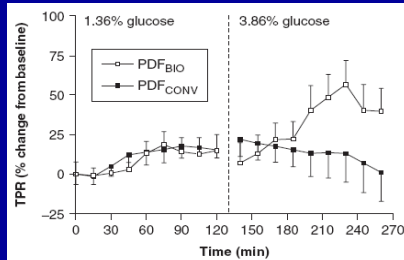
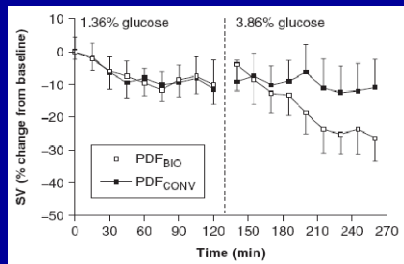
Plasma insulin



\* p<0.001 Dianeal versus Nutrineal, p<0.05 Dianeal versus baseline by ANOVA

Selby NJ, McIntyre CW. Nephrol Dial Transplant. 2007 Mar;22(3):870-9.

## Cardiovascular function and baroreflex sensitivity (BRS) -effects of glucose containing fluid biocompatibility



Selby NJ, McIntyre CW. Nephrol Dial Transplant. 2007 Mar;22(3):870-9

John S, Selby NJ, McIntyre CW. Kidney Int 2008

## Tissue AGE deposition- Cutaneous autofluorescence



- Well correlated with biopsy AGE levels
- Relates to vascular complications and outcomes in
  - HD
  - Diabetes
  - PET
  - Hypertension
  - Diastolic cardiac dysfunction

McIntyre CW et al. NDT+ 2008

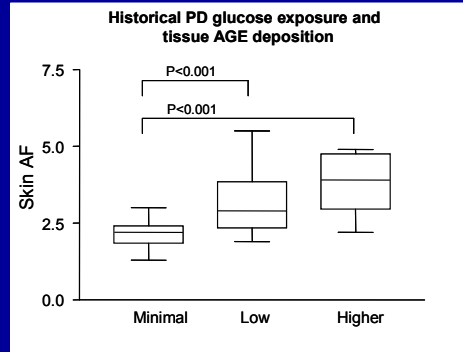
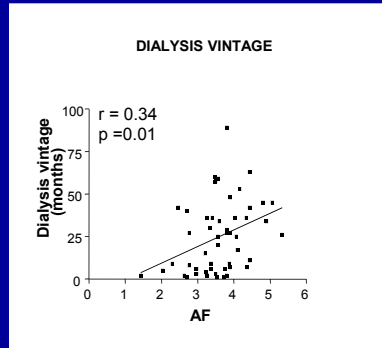
## Tissue AGE in CKD 3 patients -Renal Risk in Derby Study

Table 1. Significant Correlations with skin AF

	r	P-value
Age (years)	0.214	<0.0001
Calculated GFR (mL/min/1.73m <sup>2</sup> )	-0.228	<0.0001
Total Cholesterol (mmol/L)	-0.147	<0.0001
Hb (g/dL)	-0.218	<0.0001
Albumin (mmol/L)	-0.124	<0.0001
Glucose (mmol/L)	0.135	<0.0001
Diastolic BP (mmHg)	-0.149	<0.0001
PWV (m/sec)	0.112	<0.0001
Waist:Hip Ratio	0.110	<0.0001
IMD Score (Indices of Multiple Deprivation)	0.068	0.005
Bicarbonate	-0.067	0.006
Uric Acid (mmol/L)	0.070	0.004
HDL Cholesterol (mmol/L)	0.057	0.019

McIntyre NJ, McIntyre CW, Taal MW. ASN 2010

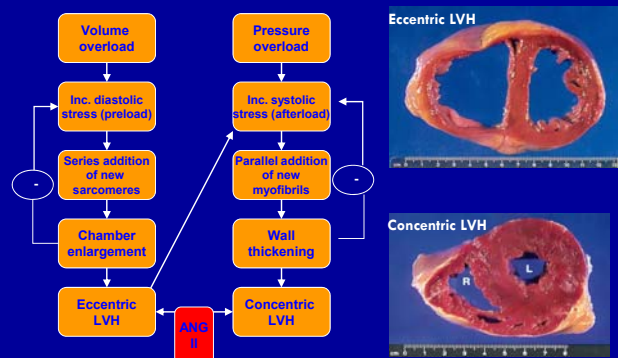
## Effect of dialysis on tissue AGE



- AF grossly elevated
- $3.58 \pm 0.75$  vs  $3.7 \pm 0.88$

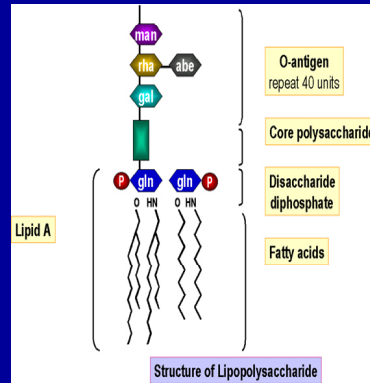
McIntyre et al Clin J Am Soc Nephrol 2009

## PD is associated with chronic volume overload



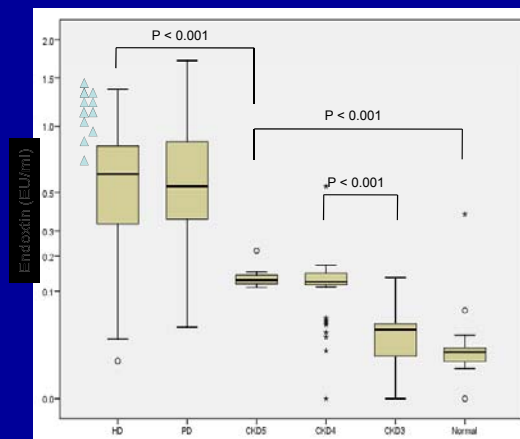
## Endotoxin and heart failure

- Bacterial endotoxin is a lipopolysaccharide (LPS) comprising over 70% of the total bacteria in the **human gut**
- Stimulus for immune activation in the pro-inflammatory state of congestive heart failure (CHF)\*
- ET enters the circulation via bacterial translocation from the gut
  - bowel **oedema**
  - **hypoperfusion**
- Endotoxaemia reduces with
  - Reduction in **venous congestion**
  - Selective **gut detoxification**



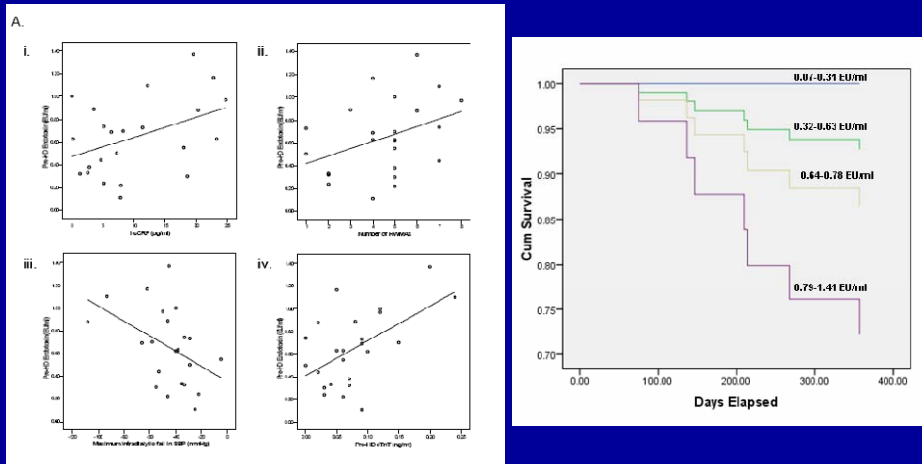
\*Anker, S.D., et al. Am J Cardiol, 1997

## Endotoxaemia in CKD 3- 5D



McIntyre CW et al. CJASN 2010

## Effect of haemodialysis related factors on Endotoxaemia



McIntyre CW et al. CJASN 2010

## If you can't beat them, join 'em -Bimodal dialysis

	T <sub>0</sub>	T <sub>6</sub> MONTHS	T <sub>12</sub> MONTHS
Kt/V HD	1.5±0.24 (1.2-1.8)	1.45±0.22 (1.1-1.8)	1.5±0.14 (1.3-1.7)
Weekly Kt/V PD	1.0±0.13 (0.8-1.1)	0.95±0.14 (0.8-1.1)	1.0±0.14 (0.8-1.2)
Cr EDTA Cl /1.73 m <sup>2</sup>	13.6±3.4 (8-16)		12.4±2.0 (9-14)
PD ultrafiltration volume /24 hours	1.55±0.58 (0.95-2.6)	1.65±0.76 (1.1-2.55)	1.58±0.32 (1.3-2.1)

	T <sub>0</sub>	T <sub>6</sub> MONTHS	T <sub>12</sub> MONTHS
LVMi G/m <sup>2</sup>	194±25.3 (161-265)		156±21.2 (138-189)
Ejection fraction %	50.4±11.1 (38-67)		48±8.0 (48-67)
Mean arterial blood pressure MmHg	80.2±9.4 (58-105)	74.8±17.0 (55-94)	72.6±16.3 (56-91)
Number of antihypertensive medications	3.8±0.8 (3-5)	1.6±0.5 (1-2)	1.4±0.5 (1-2)
Hb G/dl	11.3±1.5 (9.7-13.4)		11.4±0.9 (9.9-12.1)
Serum phosphate Mmol/l	1.67±0.3 (1.32-0)	1.8±0.18 (1.652-1)	1.66±0.14 (1.55-1.9)
Albumin G/l	27.4±4.9 (21-33)	28.0±3.0 (24-32)	28.0±2.8 (25-31)

\* p=0.05, \*\* p= 0.04

McIntyre CW. Perit Dial Int. 2004 Nov-Dec;24(6):547-53  
Kawanishi H, McIntyre CW. Kidney Int 2009

## **Additional potential benefits**

- Initial start
  - 'Seamless' time line changes
  - Facilitated holiday options
  - Informed final modality choice
- Conversion from PD
  - Assisted UF
  - Assisted solute clearance
  - Domiciliary dialysis prolongation
- Conversion from HD
  - Reduction in circulatory stress