External Individual Development Plan Resources

Beyond the ASN resources on this site, there are numerous tools available from other organizations to help design and create an Individual Development Plan. Many of the sites noted below include comprehensive downloadable IDP templates. Check out the following links for more information.

IDP Templates for Graduate Students and Post-Doctoral Fellows

MyIDP Science Careers
http://myidp.sciencecareers.org/

University of Minnesota IDP Resources
https://www.grad.umn.edu/current-students-academic-professional-development-building-your-plan/plan

University of Pennsylvania IDP Plan
http://www.med.upenn.edu/postdoc/postdoc-training-individualdevelopmentplan.html

Vanderbilt University IDP
https://medschool.vanderbilt.edu/bret/individual-development-plansidps

Yale Individual Development Plans
http://postdocs.yale.edu/career-services/idp

IDP Templates for Junior Faculty in Clinical and Translational Research

Duke Mentoring Plan Worksheet and More
https://hr.duke.edu/training/development-support-resources/mentoring/resources-templates

UC Davis Medical Center IDP Worksheet
http://sdps.ucdavis.edu/toolkits/career_management/plannextsteps/your_individual_development_plan/idp_instructions.html